

LUTHERAN SOCIAL MINISTRIES OF MARYLAND  
*and its Communities*

---

Compliance and Ethics Program



*Lutheran*  
**Social Ministries**  
OF MARYLAND



# Code of Integrity

Lutheran Social Ministries of Maryland  
117 East Main Street  
Third Floor  
Westminster, Maryland 21157

Phone: 410-857-5005

**Table of Contents**

Scope of our Program ..... 1  
Compliance Officer ..... 1  
Compliance Program Management ..... 2  
Introduction..... 4  
A Shared Responsibility..... 4  
A Personal Obligation ..... 5  
Reporting Compliance Concerns ..... 6  
Compliance Line..... 6  
Care Excellence ..... 6  
Resident Rights ..... 6  
Abuse and Neglect..... 7  
Elder Justice Act..... 8  
Resident Confidentiality/HIPAA ..... 9  
Resident Property ..... 9  
Providing Quality Care ..... 9  
Medical Services ..... 10  
Professional Excellence..... 10  
Hiring and Employment Practices ..... 10  
Team member Screening ..... 11  
Licensure and/or Certification Verification ..... 11  
Team member Relations..... 11  
Workplace Safety ..... 11  
Drug and Alcohol Abuse..... 12  
Organizational Relations ..... 12  
Proprietary Information..... 12  
Gifts ..... 13  
Business Courtesies ..... 13  
Conflict of Interest..... 13  
Use of Property..... 14  
Computers /Internet..... 14  
Vendor Relationships..... 15  
Marketing and Advertising..... 15  
Regulatory Excellence ..... 15  
Billing and Business Practices..... 15  
Referrals and Kickbacks ..... 16

Inducements to Prospective Residents .....	17
Copyright Laws .....	17
Financial Practices and Controls.....	17
Fair Dealing.....	17
Document Creation, Use and Maintenance .....	18
Voluntary Disclosure .....	18
Government Investigations.....	18
Disciplinary Action .....	19
Compliance Questions .....	19
Conclusion .....	19

## Scope of our Program

Our Compliance and Ethics Program Code of Integrity covers the compliance issues, laws, regulations, and guidelines that are relevant to a provider of senior services including Senior Living Communities that provide a wide range of healthcare services. This includes but is not limited to Medicare and Medicaid regulatory issues; guidelines from the Office of Inspector General, Internal Revenue Service, and the Office of Civil Rights of the Department of Health and Human Services, Occupational Safety and Health Administration; as well as other federal and state regulatory and business issues. The program fosters a culture of compliance that promotes legal and ethical behavior in the workplace by creating processes that detect and prevent fraud, waste, abuse, and policy violations. The Code of Integrity is supported by our compliance policies and procedures and should be read and understood jointly with those policies and procedures.

We use the term “team member” to define the various individuals who are associated with Lutheran Social Ministries of Maryland. All individuals, including team members, contractors, volunteers, directors, and officers are members of our team in providing care and services to our residents. We use the term Resident to refer to individuals who receive the various types of healthcare and other services that we provide.

Any questions regarding the policies in this Code of Integrity, compliance policies, or related references, should be directed to your immediate supervisor, the Compliance Official, a member of the Compliance Committee, or the Compliance Officer.

Lutheran Social Ministries of Maryland has Continuing Care Retirement Communities licensed under the laws of Maryland to provide the following services:

- Skilled Nursing
- Assisted Living
- Residential Living

## Compliance Officer

The Friends Services for the Aging (FSA) Vice President of Compliance, Karla Dreisbach, CHC, CHPC, serves as our Compliance Officer. She has the responsibility to assist the Compliance Official, the President/CEO, and the Board of Trustees in designing and overseeing efforts in establishing, maintaining, and monitoring compliance within our organization.

The Compliance Officer works with our President/CEO and our Compliance Official and has direct reporting responsibility to the Board of Trustees. The Compliance Officer is responsible for continued coordination with the Compliance Official for the development, implementation, training, monitoring, and enforcement activities related to the overall compliance program. The Compliance Officer is assisted by FSA Compliance Managers and Compliance Specialists in providing services to our organization.

## Compliance Program Management

Our Board of Trustees, through the President/CEO, carries the overall responsibility for creating a culture that values and emphasizes compliance and integrity. Accordingly, the responsibility for any exceptions to this policy rests with the President/CEO.

Suzy Dyer-Gear, Vice President of Human Resources, has been appointed by the President/CEO and Board of Trustees as the Compliance Official and is responsible for coordinating the day-to-day compliance activities in conjunction with the Compliance Officer. These activities include audits, responses to hotline calls, and leading the organization's Compliance Committee. As a function of this role, the Compliance Official also functions as the Privacy Officer.

Lutheran Social Ministries of Maryland's Compliance Committee is comprised of members of the executive team and other key staff positions. The Compliance Official is the chairperson for this committee. The committee meets at least quarterly, and more frequently as needed.



## **FROM THE PRESIDENT/CEO**

Dear Fellow Team member:

We have a long tradition of providing healthcare services to older adults in a way that demonstrates Christian love and compassion. We strive to follow our faith-based heritage of ethical and moral decision making in the care we provide. This heritage enables us to share our values with the residents we serve.

The healthcare industry is constantly changing and being impacted by numerous laws and regulations. In our desire to establish a workplace that complies with these laws and regulations, we have developed a Compliance and Ethics Program that supports Lutheran Social Ministries of Maryland team members in making the right decisions. This document, called the Code of Integrity, represents the primary focus for our Compliance and Ethics Program. The Code of Integrity not only reflects our heritage and core values but also serves as a bold statement that influences how we enhance a resident's quality of life.

The Compliance and Ethics Program and the Code of Integrity exist to guide our normal decisions that are both ethical and compliant with applicable laws, statutes, and regulations. Our Code of Integrity does not replace each person's obligation to make wise, fair, and honest decisions. It is intended to explain our personal and organizational responsibility and to reflect those areas in which improper or unwise decisions can harm our entire organization and impair our commitment to share our values with those we serve.

We value your contribution to residents and appreciate your support in properly maintaining the most ethical workplace possible. We commend you for your commitment to honesty and integrity, which are also part of the core values of Lutheran Social Ministries of Maryland. Each team member is responsible for helping to protect our work environment and its compliance with laws and regulations. I thank you for your commitment and contribution to Lutheran Social Ministries of Maryland's mission, vision, and core values and, most importantly, to our residents.

Sincerely,

A handwritten signature in black ink that reads "Jeff Branch".

Jeff Branch  
President/CEO  
Lutheran Social Ministries of Maryland

# LUTHERAN SOCIAL MINISTRIES OF MARYALND

## Code of Integrity

### Introduction

The Code of Integrity is the foundation of our Compliance and Ethics Program. The Code of Integrity is a guide to appropriate workplace behavior; it will help you make the right decisions if you are not sure how to respond to a situation. All team members must comply with both the spirit and the letter of all federal, state, and local laws and regulations that apply to the healthcare and other services that our organization provides, as well as all laws that apply to our business dealings. Violations of these laws and regulations can result in severe penalties for us and the individuals we do work with, including financial penalties, exclusion from participation in government programs, and, in some cases, imprisonment.

As team members, we share a commitment to legal, ethical, and professional Integrity in everything we do. We support these commitments in our work each day, whether we care for residents, order supplies, prepare meals, keep records, pay invoices, or make decisions about the future of our organization.

***The success of Lutheran Social Ministries of Maryland as a provider of healthcare and other services depends on you, your personal and professional integrity, your responsibility to act in good faith, and your obligation to do the right things for the right reasons.***

The Compliance and Ethics Program provides principles and standards to guide you in meeting your legal, ethical, and professional responsibilities. As a team member, you are responsible for supporting the Compliance and Ethics Program in every aspect of your workplace behavior. Your continued working relationship with our organization includes understanding and adhering to the Compliance and Ethics Program.

Our Code of Integrity discusses the importance of:

***Care Excellence*** – providing quality, compassionate, respectful, and clinically-appropriate care.

***Professional Excellence*** – maintaining ethical standards of healthcare and business practices.

***Regulatory Excellence*** – complying with federal and state laws, regulations, and guidelines that govern healthcare, housing services, and other services we provide.

### A Shared Responsibility

Because we are in the business of caring for and providing services for others, it is critical that each of us adheres to appropriate standards of behavior. As individuals and as an organization, we are responsible to many different groups. We must act ethically and responsibly in our relations with:

- Residents and their families;
- Colleagues and fellow team members;

- Volunteers and affiliated colleagues;
- Healthcare payers, including the federal and state governments;
- Regulators, surveyors, and monitoring agencies;
- Physicians, Nurse Practitioners, Physician Assistants;
- Vendors and contractors;
- Business associates; and
- The communities we serve.

Any compromise in our standards could harm our residents, our co-workers, and our organization. Like every organization that provides healthcare, we do business under very strict regulations and close governmental oversight. Fraud, waste, and abuse are serious issues. Sometimes even an innocent mistake can have significant consequences that could result in substantial penalties to Lutheran Social Ministries of Maryland.

All team members are required to complete training on the Code of Integrity and the Compliance and Ethics Program as a condition of employment or business relationship. The Code of Integrity sets forth mandatory standards.

***If you ever have questions about the Code of Integrity, please speak to your supervisor, department Director, Executive Director, or a member of the Executive Team for clarification before deviating from any part of it.***

Every team member is responsible for ensuring that they comply with the Code of Integrity and all policies and procedures. Any team member who violates any of these standards and/or policies and procedures is subject to discipline up to and including termination of employment.

## **A Personal Obligation**

As we are each responsible for following the Code of Integrity in our daily work, we are also responsible for enforcing it. This means that you have a duty to report any problems you observe or perceive, regardless of your role.

As a team member, you must help ensure that you are doing everything practical to comply with applicable laws. If you observe or suspect a situation that you believe may be unethical, illegal, unprofessional, or wrong, or you have a clinical, ethical, or financial concern, you must report it. You are expected to satisfy this duty by complying with the **Three Step Reporting Process**. If you fail to report noncompliance with the Code of Integrity, policies and procedures, or applicable federal or state laws, you will be subject to discipline up to and including termination. We also have a zero tolerance for retaliation. No one may retaliate against a member who reports a concern in good faith.



## Reporting Compliance Concerns

### The Three Step Reporting Process

**First**, talk to your supervisor. They are most familiar with the laws, regulations, and policies that relate to your work.

**Second**, if you do not want to talk to your supervisor, seek out your department Director, Executive Director, a member of the Executive Team or a Human Resources team member.

**Third**, if you still have a concern, contact Suzy Dyer-Gear, VP of HR, and our Compliance Official, any member of LSMMD's Compliance Committee, or the Compliance Officer.

**You may also call the toll-free Compliance Line number at any time.**

## Compliance Line

**Toll Free Compliance Line -- 800-211-2713**

**All calls are confidential, and you may call *ANONYMOUSLY* if you choose.**

The Compliance Line is available 24 hours a day, 7 days a week, for callers to report compliance-related issues. Concerns that are reported to the Compliance Line are taken seriously.

You can make calls to the Compliance Line without fear of reprisal, retaliation, or punishment for your actions. Anyone, including a supervisor who retaliates against a team member for contacting the Compliance Line or reporting a compliance issue in any other manner, may be disciplined.

## Care Excellence

Our most important job is providing quality care to residents. This means offering compassionate service and support to residents and working toward the best possible outcomes while following all applicable rules and regulations including the Medicare Conditions of Participation.

## Resident Rights

Residents receiving healthcare and other services have clearly defined rights. A document describing these rights is provided to each resident upon admission and is posted in conspicuous locations throughout the organization for the residents' and your reference. While a complete list of resident rights can be obtained from your supervisor, below is a partial list of actions we take to honor these rights. WE:

- Make no distinction in the admission, transfer, or discharge of a resident, or in the care we provide on the basis of race, gender, age, religion, national origin, disability, color, marital status, veteran status, medical condition, sexual orientation, or other protected class status;
- Treat all residents in a manner that preserves their dignity, autonomy, self-esteem, and civil rights;
- Protect every resident from physical, emotional, verbal, or sexual abuse or neglect;
- Protect all aspects of resident privacy and confidentiality;
- Respect residents' personal property and money and protect it from loss, theft, improper use, and damage;
- Respect the right of residents and/or their legal representatives to be informed of and participate in decisions about their care and treatment;
- Respect the right of residents and/or their legal representatives to access their medical records as required by the Health Information Portability and Accountability Act (HIPAA);
- Recognize that residents have the right to consent to or refuse care and the right to be informed of the medical consequences of such refusal;
- Protect residents' rights to be free from physical and chemical restraints; and
- Respect the residents' right to self-determination and autonomy.

## **Abuse and Neglect**

We will not tolerate any type of resident abuse or neglect – physical, emotional, verbal, financial, or sexual. Residents must be protected from abuse and neglect by team members, family members, legal guardians, friends, or any other person. This standard applies to all residents at all times.

Federal law defines abuse as the willful infliction of injury, unreasonable confinement, intimidation, or punishment with resulting physical harm, pain, or mental anguish. This presumes that instances of abuse of all residents, even those in a coma, cause physical harm, or pain or mental anguish. Neglect means failure to provide goods and services necessary to avoid physical harm, mental anguish, or mental illness. The failure to follow a resident's care plan may constitute abuse.

### **The State of Maryland defines abuse as:**

1. Abuse — under federal law, "Abuse" means the willful infliction of injury, unreasonable confinement, intimidation, or punishment with, resulting physical harm or pain or mental anguish.
2. Mental Abuse - includes, but is not limited to humiliation, harassment, and threats of punishment or deprivation.

3. Physical Abuse - includes, but is not limited to hitting, slapping, pinching, kicking, etc. It also includes controlling behavior through corporal punishment.
4. Sexual Abuse - includes, but is not limited to sexual harassment, sexual coercion, or sexual assault.
5. Verbal Abuse - refers to use of oral, written, or gestured language that includes disparaging and derogatory terms to residents or their families or within their hearing distance.
6. Involuntary Seclusion - the separation of a resident from other residents or from their room or confined to their room against the resident's will, or the will of the resident's legal representative. Temporary monitored separation from other residents will not be considered involuntary seclusion and may be permitted if used as a therapeutic intervention to reduce agitation or to protect the health and safety of other residents as determined by professional staff and consistent with the plan of care.
7. Misappropriation - Under federal law, "Misappropriation" means the deliberate misplacement, exploitation or wrongful temporary or permanent use of a resident's belongings or money without the resident's consent.
8. Neglect - Under federal law, "Neglect" means failure to provide goods and services necessary to avoid physical harm, mental anguish or mental illness.
9. Staff - For purposes of reporting under this policy, staff is any individual used by the facility to provide services directly or indirectly to residents. This includes volunteers, students, individuals employed by the facility or individuals under contract to provide services to the facility,
10. Resident - includes a current long term care resident or former resident of any Lutheran Social Ministries of Maryland community.
11. Catastrophic Reaction- an extraordinary reaction of a resident to ordinary stimuli such as the attempt to provide care.
12. Injury of Unknown Source – An injury is classified as an "Injury of Unknown Source" when both the following conditions are met.
  - a. The source of the injury was not observed by any person, or the source of the injury could not be explained by the resident; and
  - b. The injury is suspicious because of the extent of the injury, the location of the injury, the number of injuries observed at one particular point in time, or the incidence of injuries over time.

***Any team member who abuses or neglects a resident is subject to termination. In addition, legal or criminal action may be taken. Abuse and neglect MUST BE REPORTED IMMEDIATELY to your supervisor or other member of management.***

## Elder Justice Act

The Elder Justice Act requires timely reports of any reasonable suspicion of a crime against a resident of a long term care facility. We must report our reasonable suspicion to the State of Maryland Office of Health Care Quality and local law enforcement **within two (2) hours** if the suspected crime involves serious bodily injury **or within 24 hours** if the suspected crime does not involve serious bodily injury.

***Please DO NOT call the Compliance Line for allegations of abuse or neglect.***

## ***Report suspected abuse or neglect immediately to your supervisor!***

### **Resident Confidentiality/HIPAA**

All team members must use and disclose medical, financial, or personal information only in a manner consistent with the HIPAA Privacy policies and procedures and state and federal law. You are responsible for keeping resident protected health information (PHI) confidential. PHI is defined as individually identifiable health information that is transmitted or maintained in any form or medium, including electronic health information.

Any unauthorized exposure of PHI which compromises the security or privacy of information is a potential breach.

**If you become aware of a breach of any protected or sensitive information, it is important that you report it immediately to your supervisor, department Director, or LSMMD's Privacy Officer.**

If the disclosure results in a breach, Lutheran Social Ministries of Maryland must investigate and comply with all state and federal HIPAA regulations for breach notification.

### **Resident Property**

Team members must respect residents' personal property and protect it from loss, theft, damage, or misuse. Team members who have direct access to resident funds (e.g., resident trust funds) must maintain accurate records and accounts.

### **Providing Quality Care**

As an organization with Continuing Care Retirement Communities, our primary commitment is to provide the care, services, and resources necessary to help each resident reach or maintain their highest possible level of physical, mental, and psychosocial well-being. Lutheran Social Ministries of Maryland has policies and procedures and provides training and education to help each team member strive to achieve this goal.

Our care standards include:

- Accurately assessing the individual needs of each resident and developing interdisciplinary care plans that meet those assessed needs;
- Reviewing goals and plans of care to ensure that the residents' ongoing needs are being met;
- Providing only medically necessary, physician prescribed services and products that meet the residents' clinical needs;
- Confirming that services and products (including medications) are within accepted standards of practice for the resident's clinical conditions;

- Ensuring that services and products are reasonable in terms of frequency, amount, and duration;
- Measuring clinical outcomes and resident satisfaction to confirm that quality of care goals are met;
- Providing accurate and timely clinical and financial documentation and record keeping;
- Ensuring that residents' care is given only by properly licensed and credentialed providers with appropriate background, experience, and expertise;
- Reviewing resident care policies and procedures and clinical protocols to ensure that they meet current standards of practice; and
- Monitoring and improving clinical outcomes through a Quality Assurance Performance Improvement (QAPI) Committee with established benchmarks.

## **Medical Services**

We are committed to providing comprehensive, medically necessary services for our residents. The Medical Director provides oversight to physicians and other medical providers and services as defined by state and federal regulations. The Medical Director oversees the care and treatment policies and is actively involved in the Quality Assurance Performance Improvement (QAPI) Committee.

## **Professional Excellence**

The professional, responsible, and ethical behavior of every team member reflects on the reputation of our organization and the services we provide. Whether you work directly with residents or in other areas that support resident services, you are expected to maintain our standards of honesty, integrity, and professional excellence every day by living our Core Values.

## **Hiring and Employment Practices**

Lutheran Social Ministries of Maryland is committed to fair employment practices. When hiring and evaluating, we:

- Comply with federal, state, and local Equal Employment Opportunity laws, hiring the best qualified individuals regardless of race, color, religion, ancestry or national origin, sex, age, marital status, sexual orientation, gender identity, disability, or genetic information. All promotions, transfer evaluations, compensation, and disciplinary actions also follow this policy.
- Conduct employment screenings to protect the integrity of our workforce and the welfare of our residents and team members.
- Require all who need licenses or certifications to maintain their credentials in compliance with state and federal laws. Documentation of licenses or certifications must be provided.

## **Team Member Compliance Sanction Screening**

Team members are screened in accordance with federal and state law to ensure the safety of our residents. Sanction screening procedures have been implemented and are conducted prior to hire and at a minimum of quarterly thereafter.

Lutheran Social Ministries of Maryland is prohibited by federal law from employing, retaining, or contracting with anyone who is excluded from any federal or state funded programs. Screening of all team members through the Office of Inspector General's List of Excluded Individuals and Entities, GSA's System of Award Management, and the Maryland Medicaid Excluded Provider List database is conducted prior to hire and at a minimum of quarterly thereafter.

As long as you are employed or affiliated with Lutheran Social Ministries of Maryland, you must immediately report to your supervisor:

- If you are arrested or indicted for a criminal offense;
- If you are convicted of an offense that would preclude employment in a healthcare facility;
- If action has been taken against your license or certification; or
- If you are excluded from participation in a federal or state healthcare program.

## **Licensure and/or Certification Verification**

We are committed to ensuring that only qualified professionals provide care and services to residents. Practitioners and other professionals treating residents must abide by all applicable licensing, credentialing, and certification requirements. In addition, every effort is made to validate licenses and certification through the appropriate state or federal agency.

## **Team Member Relations**

To maintain an ethical, comfortable work environment, team members must:

- Refrain from any form of sexual harassment or violence in the workplace;
- Treat all colleagues and fellow team members with equal respect, regardless of their national origin, race, color, gender, religion, sexual orientation, age, gender identity, disability, or inclusion in any other protected class;
- Protect the privacy of other team members by keeping personal information confidential and allowing only authorized individuals access to the information;
- Not supervise or be supervised by an individual with whom they have a close personal relationship; and
- Behave professionally and use respectful communication at all times.

## **Workplace Safety**

Maintaining a safe workplace is critical to the well-being of our residents, visitors, and co-workers. That is why policies and procedures have been developed describing the organization's safety requirements. Every team member should become familiar with safety regulations and emergency plans regarding fire and disaster in their work area.

In addition to organizational policies, we must abide by all environmental laws and regulations. You are expected to follow organizational safety guidelines and to take personal responsibility for helping to maintain a secure work environment. If you notice a safety hazard, you must take action to correct it if you can or to report it to your supervisor immediately.

### **Drug and Alcohol Abuse**

We are committed to maintaining a team that is dedicated and capable of providing quality resident services. To that end, you are prohibited from consuming any substance that impairs your ability to provide quality services or otherwise perform your duties.

You may never bring onto our property illegal drugs, or un-prescribed legal controlled substances, or report to work under the influence of alcohol, illegal drugs, and/or narcotics. If a team member appears to have work performance problems related to drug or alcohol use, a drug and alcohol screening may be conducted and appropriate action will be taken, if necessary.

Illegal, improper, or unauthorized use of any controlled substance that is intended for a resident is prohibited. If you become aware of any improper diversion of drugs or medical supplies, you must immediately report the incident to your department supervisor, department Director, the Compliance Official, the Compliance Officer, or use the Compliance Hotline. Failure to report a known instance of noncompliance with this policy may result in disciplinary action against the team member, up to and including termination.

### **Organizational Relations**

Professional excellence in organizational relations includes:

- Complying with federal tax law to maintain tax exempt status under section 501(c)(3) of the Internal Revenue Code;
- Maintaining organizational privacy and keeping proprietary information confidential;
- Avoiding outside activities or interests that conflict with responsibilities to Lutheran Social Ministries of Maryland and reporting such activity or interest prior to and during employment;
- Allowing only designated management staff to report to the public or media; and
- Requiring that Lutheran Social Ministries of Maryland complies with the licensing and certification laws that apply to its business.

### **Proprietary Information**

In the performance of your duties you may have access to, receive, or may be entrusted with confidential and/or proprietary information that is owned by Lutheran Social Ministries of Maryland and that is not presently available to the public. This type of information should never be shared with anyone outside the organization without authorization from a member of the Executive Team.

Examples of proprietary information that should not be shared include, but are not limited to:

- Resident and team member data and information;
- Details about clinical programs, procedures, and protocols;
- Policies, procedures, and forms;
- Training materials;
- Current or future charges or fees or other competitive terms and conditions;
- Current or possible negotiations or bids with payers or other clients;
- Compensation and benefits information for team members;
- Stocks or any kind of financial information; and
- Market information, marketing plans, or strategic plans.

## Gifts

You may not accept any tip or gratuity from residents, and you may not receive individual gifts from residents. You may not give gifts to residents.

You may not borrow money from nor lend money to residents; nor may you engage with residents in the purchase or sale of any item. No team member may accept any gift from a resident under a will or trust instrument except in those cases where they are related by blood or marriage.

Team members may not serve as a resident's executor, trustee, administrator, or guardian or provide financial services or act under a power of attorney for a resident except in those cases where they are related by blood or marriage unless otherwise allowed by state law.

## Business Courtesies

Lutheran Social Ministries of Maryland prohibits any team member from offering, giving, soliciting, or accepting business or professional courtesies including entertainment and gifts that could be interpreted as attempts to influence decision making. Under no circumstances will a team member solicit or accept business courtesies, entertainment or gifts that depart from the Business Courtesies policy.

## Conflict of Interest

A conflict of interest exists any time your loyalty to the organization is, or even appears to be, compromised by a personal interest. There are many types of conflict of interest and these guidelines cannot anticipate them all, however the following provide some examples:

- Financial involvement with vendors or others that would cause you to put their financial interests ahead of ours;
- Team member/Officer participation in public affairs, corporate or community directorships, or public office;



- An immediate family member who works for a vendor or contractor doing business with the organization and who is in a position to influence your decisions affecting the work of the organization;
- Participating in transactions that put your personal interests ahead of Lutheran Social Ministries of Maryland or cause loss or embarrassment to the organization;
- Taking a job outside of Lutheran Social Ministries of Maryland that overlaps with your normal working hours or interferes with your job performance; or
- Working for Lutheran Social Ministries of Maryland and another vendor that provides goods or services at the same time.

All team members must seek guidance and approval from our President/CEO or Compliance Official before pursuing any business or personal activity that may constitute a conflict of interest.

### **Use of Property**

We must protect the assets of the organization and ensure their authorized and efficient use. Theft, carelessness, and waste have a direct impact on the organization's viability. All assets must be used solely for legitimate business purposes.

Everyone must make sure that they:

- Only use property for the organization's business, not personal use;
- Exercise good judgment and care when using supplies, equipment, vehicles, and other property; and
- Respect copyright and intellectual property laws; or
- If unable to assess the copyright or intellectual property laws, never copy material and/ or download software.

### **Computers /Internet**

Team members are expected to use computers, email, and internet/intranet systems appropriately and according to the established policy and procedure. You are not permitted to use the Internet for improper or unlawful activity or download any games, movies or music without prior approval.

Internet use can be tracked and how you use your time on the Internet may be monitored. You should have no expectation of privacy when you use our computers, email, telephones, smart phones and internet/intranet system. Our organization has the right to sanction or discipline team members who violate the Code of Integrity in a digital, cyber, or other non-face-to-face environment. You should be familiar with our Social Media policy and abide by it.

## **Vendor Relationships**

We take responsibility for being a good client and dealing with vendors honestly and ethically. We are committed to fair competition among prospective vendors and contractors for our business. Arrangements between Lutheran Social Ministries of Maryland and its vendors must always be approved by management. Certain business arrangements must be detailed in writing and approved by management. Agreements with contractors and vendors who receive resident information, with the exception of care providers, will require a Business Associate Agreement (BAA) with the organization as defined by HIPAA. Contractors and vendors who provide resident care, reimbursement, or other services to resident beneficiaries of federal and/ or state healthcare programs are subject to the Code of Integrity and must:

- Maintain defined standards for the products and services they provide to us and residents;
- Comply with all policies and procedures as well as the laws and regulations that apply to their business or profession;
- Maintain all applicable licenses and certifications and provide evidence of sanction screening, current workers compensation, and liability insurance as applicable; and
- Require that their team members comply with the Code of Integrity and the Compliance and Ethics Program and related training as appropriate.

## **Marketing and Advertising**

We use marketing and advertising activities to educate the public, increase awareness of our services, and recruit new team members. These materials and announcements, whether verbal, printed, or electronic, will present only truthful, informative, non-deceptive information.

## **Regulatory Excellence**

Because we are in healthcare, we must follow the many federal, state, and local laws that govern our business. Keeping up with the most current rules and regulations is a big job – and an important one. We are all responsible for learning and staying current with the federal, state, and local laws, rules, and regulations, as well as the policies and procedures that apply to our job responsibilities.

## **Billing and Business Practices**

We are committed to operating with honesty and integrity. Therefore, all team members must ensure that all statements, submissions, and other communications with residents, prospective residents, the government, suppliers, and other third parties are truthful, accurate, and complete.

We are committed to ethical, honest billing practices and expect you to be vigilant in maintaining these standards at all times. We will not tolerate any false or inaccurate coding or billing. Any team member who knowingly submits a false claim, or provides information that may contribute

to submitting a false claim such as falsified clinical documentation, to any payer – public or private – is subject to termination. In addition, legal or criminal action may be taken.

Prohibited practices include, but are not limited to:

- Billing for services or items that were not provided or costs that were not incurred;
- Duplicate billing - billing items or services more than once;
- Billing for items or services that were not medically necessary;
- Assigning an inaccurate code or resident status to increase reimbursement;
- Providing false or misleading information about a resident’s condition or eligibility;
- Failing to identify and refund credit balances;
- Submitting bills without supporting documentation;
- Soliciting, offering, receiving, or paying a kickback, bribe, rebate, or any other remuneration in exchange for referrals; and/or
- Untimely entries into medical records.

**If you observe or suspect that false claims are being submitted or have knowledge of a prohibited practice, you must immediately report the situation to a supervisor, your department Director, Executive Director, the Compliance Official, the Compliance Officer, or call the Compliance Line. Failure to report a known prohibited practice will subject you to disciplinary action up to and including termination.**

## Referrals and Kickbacks

Team members and related entities often have close associations with local healthcare providers and other referral sources. To demonstrate ethical business practices, we must make sure that all relationships with these professionals are open, honest, and legal.

Resident referrals are accepted based solely on clinical needs and our ability to provide the services. Lutheran Social Ministries of Maryland never solicits, accepts offers, or gives anything of value in exchange for resident referrals to our skilled nursing or assisted living units or in exchange for purchasing or ordering any good or service for which payment is made by a federal health care program. Anything of value includes any item or service of value including cash, goods, supplies, gifts, “freebies,” improper discounts or bribes.

Accepting kickbacks is against our policies and procedures and also against the law. A kickback is anything of value that is received in exchange for a business decision such as a resident referral. To assure adherence to ethical standards in our business relationships, you must:

- Verify all business arrangements with physicians or other healthcare providers or vendors in a written document; and

- Comply with all state and federal regulations when arranging referrals to physician-owned businesses or other healthcare providers.

You cannot request, accept, offer, or give any item or service that is intended to influence – or even appears to influence – the referral, solicitation, or provision of healthcare service paid for by any private or commercial healthcare payer or federal or state healthcare program, including Medicare and Medicaid, or other providers.

### **Inducements to Prospective Residents**

You may not provide anything of value including goods, services, or money to prospective residents or any beneficiary of a federal or state healthcare program that you know or should know will likely influence that person’s selection of a provider of healthcare services.

For the purposes of this policy, anything of value includes but is not limited to any waiver of payment, gift, or free service that exceeds a value of \$10 per item or \$50 annually in total. If you have a question about whether a particular gift or service would be considered “of value,” ask your supervisor or the Compliance Official.

### **Copyright Laws**

Most print and electronic materials are protected by copyright laws. Team members are expected to respect these laws and not reproduce electronic print or printed material without obtaining permission as required by the writer or publisher. When in doubt, ask your supervisor.

### **Financial Practices and Controls**

Ensuring that financial and operating information is current and accurate is an important means of protecting assets. Each one of us must make sure that all information provided to finance staff, accountants, reimbursement staff, internal and external auditors, and compliance staff is accurate and complete. This includes ensuring the accuracy of clinical documentation which supports our reimbursement. We must also comply with federal and state regulations when maintaining clinical records, accounting records and financial statements, and cooperate fully with internal and external audits.

### **Fair Dealing**

All team members must deal fairly with residents, suppliers, competitors, and one another. No team member, manager, or director shall take unfair advantage of anyone through manipulation, concealment, abuse of privileged information, misrepresentation of material facts, or any other unfair dealing practice.

## Document Creation, Use and Maintenance

Every team member is responsible for the integrity and accuracy of documents, records, and e-mails including, but not limited to, resident medical records, billing records, and financial records. No information in any record or document may ever be falsified or altered.

You must not disclose, internally or externally, either directly or indirectly, confidential information except on a **need to know** basis and in the performance of your duties. Disclosure of confidential information externally must follow organization policies.

Upon termination of employment, you must promptly return all confidential information, medical and/or business, to the organization. Examples of confidential business information include potential or threatened litigation, litigation strategy, purchases or sales of substantial assets, business plans, marketing strategies, organizational plans, financial management, training materials, fee schedules, department performance metrics, and administrative policies.

## Voluntary Disclosure

It is our policy to voluntarily report known overpayments and any improper/irregular Integrity, including fraudulent Integrity, which affects any federal or state healthcare program. Reporting will be completed within the time frames identified under the Patient Protection and Affordable Care Act.

## Government Investigations

Lutheran Social Ministries of Maryland is committed to cooperating with requests from any governmental inquiry, audit, or investigation. You are encouraged to cooperate with such requests, conscious of the fact that you have the following rights:

- You have the right to speak or decline to speak;
- You have the right to speak to an attorney before deciding to be interviewed; and
- You can insist that an attorney be present if you agree to be interviewed.

In complying with our policy, you must not:

- Lie or make false or misleading statements to any government investigator or inspector;
- Destroy or alter any records or documents;
- Attempt to persuade another team member or any person to give false or misleading information to a government investigator or inspector; or
- Be uncooperative with a government investigation.

If you receive a subpoena or other written or oral request for information from the government or a court, contact your supervisor, the Compliance Official, or the Compliance Officer before responding.

## Disciplinary Action

Disciplinary action will be taken against anyone who fails to act in accordance with this Code of Integrity, the Compliance and Ethics Program, supporting policies and procedures, and applicable federal and state laws. Disciplinary action may be warranted in relation to violators of the Compliance and Ethics Program and to those who fail to detect violations or who fail to respond appropriately to a violation, whatever their role in the organization. When taking disciplinary action with a team member, we will utilize standard disciplinary processes which may lead to the termination of business relationships and agreements. The Compliance Officer may initiate and recommend corrective or disciplinary action with a team member through the Compliance Official and President/CEO, and may also monitor appropriate implementation of the disciplinary process. We will discipline anyone who engages in prohibited retaliatory behavior.

## Compliance Questions

The laws applicable to our operations are numerous and complicated. When you are not sure whether a particular activity or practice violates the law or the Compliance and Ethics Program, you should not guess the correct answer. Instead, you should immediately seek guidance from your department supervisor, Director, Executive Director, or the Compliance Official. You will not be penalized for asking compliance-related questions. In fact, we are intent on creating a culture in which you will feel comfortable asking questions to ensure you understand the duties that are imposed upon you under this Code of Integrity, the Compliance and Ethics Program, and other applicable federal and state laws.

## Conclusion

**The Compliance and Ethics Program is critical to Lutheran Social Ministries of Maryland's continued success. You are crucial in ensuring the integrity of Lutheran Social Ministries of Maryland. The Code of Integrity and the Compliance and Ethics Program set standards for the legal, professional, and ethical integrity of our business. Some key points to remember are:**

- **Lutheran Social Ministries of Maryland and all of our team members are committed to personal and organizational integrity, to acting in good faith, and to being accountable for our actions.**
- **The Code of Integrity and the Compliance and Ethics Program prepare us to deal with the growing complexity of ethical, professional, and legal requirements of delivering healthcare in the CCRC environment.**
- **The Compliance and Ethics Program is an ongoing initiative designed to foster a supportive work environment, provide standards for clinical and business integrity, and offer education and training opportunities for team members.**

**The success of Lutheran Social Ministries of Maryland’s Compliance and Ethics Program depends on our commitment to act with integrity, both personally and as an organization. As a team member, your duty is to ensure that the organization is doing everything practicable to comply with applicable laws. You are expected to satisfy this duty by performing your responsibilities in accordance with professional standards, the regulations guiding our business practices, and our policies and procedures. We thank you in advance for your commitment!**

**Your Compliance Official**

Suzy Dyer-Gear  
Vice President, Human Resources  
443-605-1018 or 410-596-5118  
sdyergear@lsmmd.org

**Your Compliance Officer**

Karla Dreisbach, CHC, CHPC  
215-646-0720

**Toll-Free Compliance Line**

**1-800-211-2713**

**FRIENDS SERVICES FOR THE AGING**

Friends Services for the Aging (FSA), along with the Brethren, Mennonite, and Quaker organizations involved in providing services to the elderly, have established a collaborative Compliance and Ethics Program.

FSA  
670 Sentry Parkway  
Suite 120  
Blue Bell, PA, 19422-2325  
215-646-0720

Original December, 2013  
Updated May, 2016  
Approved by Board of Trustees 2016  
Updated December, 2020  
Updated November, 2021  
Updated February, 2022  
Updated February, 2024